

STAND UP!



Speak Up Together!

NASW ARKANSAS CONFERENCE PROGRAM

MARCH 29 - 31, 2023 • LITTLE ROCK MARRIOTT

FROM THE CHAIRS

Welcome to the 2023 NASW Arkansas Annual Conference!

It is an honor to welcome you to the NASW Arkansas 44th Annual Conference. This year's theme is Stand Up! Speak Up Together! To date, there are nearly 715,000 social workers in the U.S.; this number is expected to grow by 12% by 2030. Social workers provide life-affirming services that are critical and essential during these challenging times. As we continue to grapple with social and economic disparities, global warming, systemic racism, mental health crises, and so many other issues, social workers can be found on the front lines. We acknowledge that our society must heal and recover from these social injustices as social workers join together to render best-practice services to individuals, groups, and communities to promote a society that meets the needs of all humanity. That is why we must Stand Up! Speak Up Together!, and the time is now for us to unite.

We sincerely hope that the 2023 NASW Arkansas Annual Conference will provide you with the energy, hope, tools, and connections you need to continue leading the fight against social injustices everywhere and to deliver on the promise and power of social work to impact the lives of the people we serve positively. The Annual Conference Planning Committee has been working hard on the 2023 agenda. This year's conference yields thirty breakout workshops, three keynote speakers, and a special film screening Friday morning. The breakout sessions cover a wealth of knowledge. The various tracks included topics on Aging and Disabilities, Behavioral & Mental Health, Children, Family &

Schools, Community, Policy & Administration, Health & Medical, Professional & Career, Social Work Education, and Ethics. You can earn up to 23.5 continuing education units throughout this conference.

NASW Arkansas is proud to continue providing engaging and educational conferences, allowing attendees to increase their knowledge of social work best practices and increase their ability to provide the best continuity of care to the individuals we serve daily. This conference will also provide more opportunities for Arkansas social workers to continue building and networking with colleagues. We are thrilled to host your conference experience, and we hope that you enjoy it!



Dr. Tamara Glover, LCSW

NASW Arkansas Annual Conference Chair

Ashlie Childress, LMSW

Ruth Fissel, LCSW

NASW Arkansas Annual Conference Co-Chairs

PLANNING COMMITTEE

In addition to the chair and co-chairs, the dedicated members of the conference planning committee work year-long to bring you a professional statewide conference. Their hard work and commitment to giving back to the profession cannot be overlooked and we are grateful for their service!

2023 CONFERENCE PLANNING COMMITTEE

Gonzalo Camp, LCSW

Rita Collins, LCSW

Devon Davasher, LCSW, CCM

Kristen Dobbs, PLMSW

Noah Eggensperger

Raven Jackson

Nicole McCauley, DSW, LCSW

Jeremy Stark, LCSW

Holly Barron, Executive Director

SCHEDULE AT A GLANCE

WEDNESDAY • MARCH 29

8:00 am – 5:30 pm	Registration/Information Desk/Exhibits Open
8:00 am – 9:30 am	Morning Break with Exhibitors
9:30 am – 11:30 am	Welcome & Plenary I – Effective Negotiation Crash Course: How to achieve better negotiation outcomes for you and the communities you serve by Whitney Benms
11:30 am – 1:30 pm	Lunch on Your Own
12:00 pm – 1:00 pm	LUNCH & LEARN (<i>pre-registration required</i>)
1:30 pm – 5:00 pm	Concurrent Workshops – Sessions 1a—1c
3:00 pm – 3:30 pm	Afternoon Break with Exhibitors
5:30 pm – 9:00 pm	Concurrent Workshops – Sessions 2a & 2b

THURSDAY • MARCH 30

8:00 am – 5:30 pm	Registration/Information Desk/Exhibits Open
8:30 am – 12:00 pm	Concurrent Workshops – Sessions 3a—3c
10:00 am – 10:30 am	Morning Break with Exhibitors
12:00 pm – 1:00 pm	Student Poster Session 1
12:00 pm – 1:30 pm	Lunch on Your Own
1:30 pm – 3:00 pm	Plenary II – The Struggle Against Religious-Based Harm Toward LGBTQ+ People by Rev. Prof. Dr. David P. Gushee
3:00 pm – 3:30 pm	Afternoon Break with Exhibitors
3:30 pm – 5:00 pm	Concurrent Workshops – Session 4
5:00 pm – 6:00 pm	Student Poster Session 2
5:00 pm – 6:30 pm	Wine & Cheese Soiree
6:30 pm – 8:30 pm	8th Annual Social Work Advocates' Dinner (<i>ticketed event</i>)

FRIDAY • MARCH 31

8:30 am – 4:00 pm	Registration/Information Desk/Exhibits Open
9:00 am – 12:00 pm	Film Screening & Moderated Discussion: <i>This Might Hurt</i>
10:30 am – 11:00 am	Morning Break with Exhibitors
12:00 pm – 2:00 pm	Annual Awards Luncheon & Celebration (<i>ticketed event</i>)
2:00 pm – 4:00 pm	Concurrent Workshops – Session 5

WELCOME & PLENARY I (2 CEUS)

9:30 AM – 11:30 AM SALONS B/C

Effective Negotiation Crash Course: How to achieve better negotiation outcomes for you and the communities you serve by Whitney Bennis

We negotiate everyday—with colleagues, clients, collaborators, neighbors, and loved ones. The ability to effectively manage different interests as we create, work, and live together is crucial to our individual and organizational success. How do we move towards meeting our needs, while also building and maintaining relationships? How can we prepare to negotiate in a way that helps us stay aligned with our purposes and values? How can we speak up and stand up in our negotiations in a way that gets us, our clients, and our communities better, more equitable outcomes?



Whitney Bennis offers an analytical framework for understanding and preparing for negotiations in a way that supports achieving better outcomes for you and your communities. We will cover topics such as preparation, value creation, distribution, power, and when to walk away.

Bennis's approach is guided by theories of principled or interest-based negotiation, as outlined in *Getting to Yes* and other texts, paired with a power analysis. This keynote will be interactive, engaging, and promote personal reflections and discussions around negotiations we face every day.

Whitney Bennis is an educator, negotiation scholar, conflict worker, and consultant who works with individuals, organizations, and collectives to build communication and relationship capacity in conflict management, feedback, and negotiation. In her facilitation and consulting practice, she works with a range of clients: nonprofit, for profit, and government, with an emphasis on education and social justice organizations. She is committed bringing the potential of generative conflict and honest communication to relationships, teams, organizations, and communities.

Whitney serves as a Lecturer at Harvard Law School and Harvard Graduate School of Education, where she teaches negotiation with a focus on expansive strategies for those navigating, and working to shift, power structures and system inequalities. She has written articles for *The Atlantic Magazine*, *The Guardian*, and *OnLabor.org*. Her work is included in *Readings for Diversity and Social Justice, 4e* (edited by Maurianne Adams, et al. 2018), and in the *Harvard BlackLetter Law Journal Volume 35, 2019*. Most recently, she was interviewed about her work in *ABA Magazine Section on Dispute Resolution's* issue *Reckoning with Race and Racism*.

She has a B.S. in Political Science and International Relations from the University of Utah, and a J.D. from Harvard Law School. She is a retired member of the Massachusetts Bar. Between college and law school, Whitney worked as an intern at Comedy Central's satirical news show, *The Colbert Report*.

LUNCH & LEARN (1 CEU)

12:00 PM – 1:00 PM

Social Workers Have an Important Role in the Tech Space by Briahn Badelle, LCSW

Track: Professional & Career

Room: **SALON C**

This session focuses on the role of social workers in the tech space and will cover Improving access to care, the intersection of technology and heart, careers in tech for social workers, and how to find jobs in the tech space.

CONCURRENT WORKSHOPS - SESSION 1a (3 CEUS)

1:30 PM – 5:00 PM

Embodying A Coaching Mindset for Social Workers by Dr. Liz Lasky, PhD, LCSW

Track: **ETHICS**, Behavioral & Mental Health

Room: **SALON C**

A foundation of being a good and ethical coach is being able to embody a coaching mindset. This workshop will teach you how to cultivate a coaching mindset by teaching you exactly what coaching is, how it is different from therapy, and how to bridge coaching and social work.

Evaluation and Treatment of Premenstrual Mood Disorders and Related Suicidality

Jenni-Kay Long, CYT, LCSW, ADS

Track: Behavioral & Mental Health

Room: **HOFFMAN**

This lecture offers participants a clinical understanding of the lived experience, diagnosis, and integrative treatment of Premenstrual Dysphoric Disorder (PMDD) and related suicidality from a PMDD survivor, clinician, and member of the International Association of Premenstrual Disorders (IAPMD) clinical advisory board. Including elements of Poly Vagal Theory, Clinical Suicidology, IFS Inspired Parts Work, and a Queer Feminist perspective on menstrual disorders, this session is a dive into providing thoughtful, compassion care for patients who menstruate.

CONCURRENT WORKSHOPS - SESSION 1b (1.5 CEUS)

1:30 PM – 3:00 PM

Understanding Children's Sexual Knowledge and Behavior from a Developmental Perspective by Benjamin A. Sigel, PhD; Allison B. Smith, PhD

Track: Behavioral & Mental Health, Child, Family & Schools

Room: **MANNING**

The presentation covers expected development in children and how it informs sexual knowledge and behavior. Protective and supportive methods to help promote healthy sexual development are discussed as well as factors impacting the development of problematic sexual behavior. Finally, methods to return a child to healthy sexual development are covered.

CONCURRENT WORKSHOPS - SESSION 1b (1.5 CEUS) - *continued*

1:30 PM – 3:00 PM

Preparing for Negotiation: Application of Negotiation Frameworks and Tools

Whitney Benms

Room: SALON B

In this breakout session, Whitney Benms will lead the group in applying the concepts from the keynote to specific negotiation scenarios attendees bring into the room. This session will be aimed at deepening learning through application to a real context in your life, while also giving you new insights, confidence, and strategies to moving towards a desirable outcome in your context. For those in negotiations with repeat actors, or where your negotiations tend to be internal (across departments or with other colleagues or managers) we will explore skills that help you be hard on the substance while being soft on the people. Study Questions or Prework: Come to the session having thought about the contexts and situations where you find yourself negotiating, and the challenges you face in those negotiations. This might be an active negotiation you are navigating, one you have upcoming, or one from the past you want to revisit or reflect on.

Recipe for Success: Thirty Years and Counting of the Arkansas Partnership in Public Child Welfare by Debra Gage Hurd, PhD, LSW; Tammy Vaughn, MSW, LMSW

Track: Social Work Education

Room: ARKANSAS BALLROOM

The Arkansas Partnership in Public Child Welfare, composed of nine Arkansas Universities, has been in existence for over 30 years. Our mission is to provide education and training grounded in social work to employees of the Arkansas Division of Children and Family Services. Partnering initiatives, successes and challenges will be highlighted.

CONCURRENT WORKSHOPS - SESSION 1c (1.5 CEUS)

3:30 PM – 5:00 PM

Human Trafficking Awareness-How to Combat the Invisible

Mrs. Mary Nguyen, Dr. Dana Williams

Room: SALON B

Human trafficking is a human rights violation affecting millions of people globally. Arkansans are not exempt from trafficking; however, it is easy to think that only those in far-off places experience this trauma. Understanding risk factors, red flags, and interventions should be a key component in a social worker's "tool bag."

Polyvagal Theory and the Black Body by Shakira Eakins, LCSW, RYT, CCTP; Margaret Burge

Track: Behavioral & Mental Health

Room: ARKANSAS BALLROOM

This workshop will use current research, case studies, and interactive activities to explain the special concepts related to using polyvagal interventions with Black clients. In this workshop we will explore the history of the Black body in the United States, the effects of intergenerational trauma on the nervous system, explore key concepts of polyvagal theory, and practice interventions that can help create safety and build connection in sessions.

CONCURRENT WORKSHOPS - SESSION 1c (1.5 CEUS) - *continued*

3:30 PM – 5:00 PM

And for Other Purposes: A Historical Analysis of Structural Racism in the United States with Special Attention on the State of Arkansas

Christiane C. Long, PhD, LCSW

Track: Community, Policy, and Administration

Room: MANNING

Using a historical framework to situate moments of racial injustice provides the ability to address the impact of structural racism, and incidents that have driven such racial discrimination. Understanding how structural racism exists in social structures – which can be seen in the history presented – is fundamental to doing antiracist work.

CONCURRENT WORKSHOPS - SESSION 2a (1.5 CEUS)

5:30 PM – 7:00 PM

Behavioral Health System Changes and Opportunities for Social Workers

Paula Stone, LCSW

Room: SALON B

Participants will learn how AR Medicaid policies for the provision of services for individuals with high behavioral health needs created new practice opportunities for AR Social Workers. The service continuum aligns with the core principles of social work and allows LCSWs and LMSWs to move beyond provision of counseling services.

Queer Need In the Natural State: An Exploratory Needs Assessment of the LGBTQIA+ Community of Northwest Arkansas by Leea Johnson, LSW

Track: Community, Policy, and Administration

Room: ARKANSAS BALLROOM

The LGBTQIA+ community continues to be oppressed and under-resourced in the state of Arkansas as well as nationally. The LGBTQIA+ community has unique needs, and their voices deserve to be heard, considered, and engaged with. This workshop will review a social work graduate student's thesis research, bringing to the forefront the experiences of eight diverse, queer individuals from Northwest Arkansas. Basics of the study will be covered including how the study was formed and conducted, followed by rich findings and conversation surrounding topics like religious trauma, White culture as a barrier, and the impacts of "just good enough."

A Multi-Dimensional Approach to Improving the Arkansas Transitional Employment Assistance (TEA) Program by Sahana Bettadapura; Laura Danforth, LCSW, Ph.D.**Room: ARKANSAS BALLROOM**

Literature reviews and secondary data analysis of the Transitional Employment Assistance (TEA) program show systemic issues in its mission to serve low-income families. Researchers recommend increasing income eligibility standards, adopting nudge techniques, and simplifying the enrollment and benefits issuance process to overcome many of its outdated policies and structural barriers.

CONCURRENT WORKSHOPS - SESSION 2b (1.5 CEUS)

7:30 PM – 9:00 PM

Social Skills as a Bonus Action: Using D&D for Social Anxiety with Young Adults

Allen Burnett, BSW

Room: SALON B

Social anxiety is a growing concern among young adults. Current interventions have low completion rates, so creative interventions might prove effective—this workshop reviews a pilot research project using a specially constructed Dungeons & Dragons adventure targeting social anxiety. Theoretical underpinnings, practice applications, and an experiential component will be explored.

Teaching While Black: An Analysis of Racial Microaggressions on Black Faculty

Michelle Alexander, LCSW-S

Track: Professional & Career

Room: SALON C

Microaggression is commonplace for people of color in academia. Black faculty often find that they are looked at as “unqualified” and their research is “irrelevant” to academia (Jackson, 2008, pp1014-1015). Spencer (2017) recognizes the significant lack of research that has been done within the field of social work regarding this issue. Schools of social work should be on the cutting edge of making sure that this isn’t happening within schools of social work.

SOCIAL WORK

BREAKS BARRIERS

HAPPY SOCIAL WORK MONTH!



CONCURRENT WORKSHOPS SESSION - 3a (3 CEUS)

8:30 AM – 12:00 PM

The Four Powers of Play in Play Therapy & Case Conceptualization

Elizabeth Derickson, MSW, LCSW, RPT-S

Track: Children, Family, Schools

Room: HOFFMAN

This training is designed to improve Social Worker's clinical skills when working with children and adolescents by using the four therapeutic powers of play. Participants will be able to define the four core Therapeutic Powers of Play categories, apply the four Therapeutic Powers of Play categories during case conceptualization, learn at least three play interventions and identify therapeutic agents of change used and explore two ways to increase efficiency in the playroom.

Integrating Yoga and Polyvagal Theory Into Trauma Treatment

Shakira Eakins, LCSW, RYT, CCTP

Room: ARKANSAS BALLROOM

This workshop will use current research, case studies, and interactive activities to explain the benefits of using yoga and nervous system regulation techniques to build connection to and safety within the body and nervous system creating a pathway to healing. All yoga concepts and poses will be simple for any social worker to implement into their practice in a safe and effective manner.

Social Work Leadership: A Teams Perspective

Alishia Ferguson, PhD, LMSW; Haleigh Trotter, LCSW; Cheryl Knight, DSW, LCSW; Erica Bowles; Devon Devasher, LCSW; Catiya Welch, LMSW; Debra Martinez, LCSW; Anna Grace Iaboni, LMSW

Track: Professional & Career

Room: SALON B

The best social work leadership can be demonstrated in a team environment. This presentation engages the audience in a conversation about the leadership skills needed for working in a team. Utilizing content from various leadership writings, the presenters lead a discussion about best practices and demonstrate application through the use of case studies. A panel of past leadership fellows discuss their experience in the leadership academy and illustrate skills learned by presenting and reviewing the ways that academy experience is beneficial to their work teams.

CONCURRENT WORKSHOPS - SESSION 3b (1.5 CEUS)

8:30 AM – 10:00 AM

Inclusive Sex Ed: My Sex Ed...Yay, Nay, or In-between? by Shaashawn Dial, MPA Planned Parenthood Great Plains, Director of Education & Community Relations

Room: SALON C

In this ninety-minute session, you'll briefly reflect upon the sex ed you experienced and increase awareness of Planned Parenthood Great Plains affiliate sex ed and health center offerings. We'll dig into identifying potential audiences for sex ed, defining inclusive sex ed, reviewing the 7 pillars of inclusive sex ed, reviewing the list of common topics, reviewing the objectives of sex ed, and impacts of sex ed. We'll concentrate on building a skill (SOY method) of answering value laden questions; a skill you can take to the classroom and the community. Participants will depart with a list of inclusive sex ed resources and tools.

CONCURRENT WORKSHOPS SESSION 3b (1.5 CEUS) - continued

8:30 AM – 10:00 AM

African American Women Leaders in Higher Education

Tamara Pace-Glover, PhD, LCSW, Nina Lyon Bennett, PhD

Track: Professional & Career

Room: MANNING

This presentation explores some of the challenges African American women leaders face in higher education. With particular emphasis on the three psychological domains of leadership development (cognitive, affective, and behavioral), this presentation highlights the theories of leadership and organizational change, specifically emphasizing servant leadership. Servant leadership is a non-traditional leadership philosophy embedded in a set of behaviors and practices that emphasize the well-being of others. According to Robert Greenleaf, who coined the phrase “servant leadership”, it begins with the natural feeling to serve others first. Servant leadership is not about power, being in charge, or even controlling the outcome, but instead focuses on the growth and well-being of people and the communities to which they belong.

CONCURRENT WORKSHOPS SESSION 3c (1.5 CEUS)

10:30 AM – 12:00 PM

Generating buy-in: A look at lessons learned and current challenges of embedding social workers into the Fayetteville Police Department

Kim Stauss, PhD, LCSW, Melissa Gute, MSW candidate

Track: Community, Policy, and Administration

Room: SALON C

It's been a year and a half since the Fayetteville Police Department brought social workers into its force. This presentation will explore the lessons learned and current challenges of implementing a co-response to people in crisis based on qualitative research of those who work in the department.

Recognizing, Responding and Reporting Child Abuse

Casey Atwood, LSW

Room: MANNING

Child abuse remains a social issue in communities everywhere. As an inherently complex problem, it is vital that social workers are equipped with tools to navigate these cases. This presentation will include current reporting laws, signs of abuse, responding to and preventing child abuse along with specific community resources.

STUDENT POSTER PRESENTATIONS—SESSION 1 (1 CEU)

12:00 PM – 1:00 PM

REGISTRATION LEVEL BALCONY

Visit student poster presentations to hear about innovative programs or interventions from field placement experiences, public policy that is current or relevant to social work practice, and graduate research projects or practice evaluations.

PLENARY II (1.5 CEUS)1:30 PM – 3:00 PM **SALONS B/C****The Struggle Against Religious-Based Harm Toward LGBTQ+ People**

Rev. Prof. Dr. David P. Gushee



Since writing his best-selling book, *Changing Our Mind* (2014), David Gushee has been a leader in an urgent effort within US and global Christianity to end religious-based harm toward LGBTQ+ people by rethinking the way that Christian theology and ethics teach about issues related to sexual orientation, gender identity, and Christian community.

In this keynote address, Rev. Dr. Gushee (a Baptist minister and ethics professor) tells the story of his own change of mind from cautious conservatism to fully committed advocacy on behalf of vulnerable LGBTQ+ people, notably adolescents and young adults in religiously conservative families who often experience the most painful rejection and whose families are fractured by their

coming out. He makes the argument that social work and other helping professions seeking to serve those individuals and families who find themselves in this situation must understand the religious dynamics of rejection and the consequences for those rejected, as well as the processes by which changes of mind and heart have been shown to occur.

Rev. Prof. Dr. David P. Gushee is Distinguished University Professor of Christian Ethics at Mercer University, Chair of Christian Social Ethics at Vrije Universiteit Amsterdam, and Senior Research Fellow, International Baptist Theological Study Centre. He is also the elected past-president of the American Academy of Religion and the Society of Christian Ethics. Dr. Gushee is the author, co-author, or editor of 27 books, including the bestsellers *Kingdom Ethics* and *Changing Our Mind*. His other most notable works are *After Evangelicalism*, *Righteous Gentiles of the Holocaust*, *Introducing Christian Ethics*, and *The Sacredness of Human Life*. He is widely regarded as one of the world's leading Christian moral thinkers. Gushee and his wife, Jeanie, live in Atlanta, Georgia. Learn more at <https://davidpgushee.com/>

CONCURRENT WORKSHOPS SESSION 4 (1.5 CEUS)

3:30 PM – 5:00 PM

Back to Basics: Ethical Documentation in Social Work

Elizabeth Derickson, MSW, LCSW, RPT-S

Track: **ETHICS**, Behavioral & Mental HealthRoom: **SALON B**

With today's heavy reliance on electronic medical records and treatment planners, some social workers are losing the art of writing their own treatment records with the "Golden Thread of Documentation." This workshop will be a fun, interactive way to look at documentation as we go Back to the Basics!

CONCURRENT WORKSHOPS SESSION 4 (1.5 CEUS) - continued

3:30 PM – 5:00 PM

A Deeper Dive on Christian Scripture and LGBTQ+ Inclusion

Rev. Prof. Dr. David P. Gushee

Room: ARKANSAS BALLROOM

Social workers are likely to encounter LGBTQ+ adolescents and young adults from religiously conservative families. How families respond to a youth coming out depends greatly on the tradition of theology and scriptural interpretation the family has embraced. While Dr. Gushee will speak primarily of Christian scripture, other traditions are open for discussion.

Various scenarios will be outlined using composite case studies, with family approaches ranging from what ethicist James Nelson once arranged on a spectrum of “rejecting-punitive,” “rejecting-nonpunitive,” “qualified acceptance,” and “full acceptance.” The way the Bible is read to support each view will be discussed.

Three current approaches to addressing conservative families who struggle to accept their young adult's sexuality/gender identity will be discussed. These all attempt to mitigate harm, reduce stress, and keep families in relationship. These are reducing punitive responses by establishing a moral minimum, enjoining unconditional love while bracketing religious questions, and finally encouraging significant religious rethinking. The latter may go beyond the mandate of the social work profession.

Work and Mental Health: Friend or Foe? by Erick Messias, MD, MPH, PhD

Track: Behavioral & Mental Health

Room: MANNING

Work is imbedded in our human history, and we have a deeply ambivalent attitude toward it. For some, work creates a sense of identity and purpose; for others, work is a source of mental disorders and burnout. On this presentation we will discuss these attitudes towards work, how they shape our response to it, and how work can affect risk for depression and suicide.

Risks of Secondary Traumatic Stress, Compassion Fatigue, Burnout vs. Depression: Self Care for the Helping Professional Today by Scott Burcham, LCSW, MSSW, M.A.

Track: Professional & Career

Room: HOFFMAN

Social workers are exposed to many stressors. The Covid-19 pandemic added to stress and trauma on multiple levels. The social worker should be able to differentiate the symptoms of stress, compassion fatigue, secondary traumatic stress, burnout, and depression. The listed concepts, associated symptoms, and activities of self-care will be presented.

STUDENT POSTER PRESENTATIONS—SESSION 2 (1 CEU)5:00 PM – 6:00 PM **REGISTRATION LEVEL BALCONY**

Visit student poster presentations to hear about innovative programs or interventions from field placement experiences, public policy that is current or relevant to social work practice, and graduate research projects or practice evaluations.

WINE & CHEESE SOIREE5:00 PM – 6:30 PM **REGISTRATION LEVEL FOYER**

8TH ANNUAL SOCIAL WORK ADVOCATES' DINNER (2 CEUS)

6:30 PM – 8:30 PM SALON C

JOIN US AT THE 8TH ANNUAL SOCIAL WORK ADVOCATES' DINNER

KEYNOTE SPEAKER DR. CHRIS JONES



Dr. Chris Jones, the 2022 Democratic nominee for Governor of Arkansas, was the first African American to be nominated Governor by a major political party in Arkansas. His campaign launch video was the most viewed campaign launch video in the country for the 2022 election cycle.

With graduate degrees in nuclear engineering and urban planning, and 20 years of experience in energy, infrastructure, community development, and business, Jones has used his background to advance innovation and entrepreneurship. He has led projects in engineering, physics, and urban planning, including a study on the future of nuclear power. As a principal at BCT Partners, Jones was lead executive on numerous multimillion-dollar federal projects. He has served on several boards of directors and spent one year teaching in the Boston public school. During his time as assistant dean for graduate education at MIT, Jones led

efforts that doubled minority enrollment and more than tripled minority applications to MIT graduate programs.

Prior to his run for Governor, Jones was the executive director of the Arkansas Regional Innovation Hub where he helped dozens of entrepreneurs launch and grow businesses and created programs that trained thousands of Arkansans on various STEAM (Science, Technology, Engineering, Arts, and Math) topics. One program launched during his tenure, The Skills to Launch Program, provides young adults with certification and training in trades such as roofing, welding, HVAC, and carpentry. This unique initiative continues to provide workforce development and upskilling that has generated a high job placement rate for graduates. During the COVID-19 pandemic, Jones pivoted the organization to virtual training that addressed digital literacy and he developed the Arkansas Maker Taskforce to address the supply chain issues.

Jones holds five degrees, math and physics bachelors degrees from Morehouse College, an M.S. in nuclear engineering and an M.S. in technology and policy from MIT, and a Ph.D. in urban studies and planning from MIT. He and his wife, Dr. Jerrilyn Jones, an emergency room physician, live with their three daughters in Little Rock.



Following Dr. Jones's keynote, he will be joined by the following panelists to discuss how to effectively advocate in the current political climate in Arkansas; **Irvin Camacho**, Community Organizer; **Stephen Cogger**, Executive Director of the Arkansas Immigrant Defense; **Shaashawn Dial**, Director of Education and Community Relations with Planned Parenthood Great Plains; and **Dr. Gwen Herzig**, Pharmacist & LGBTQ Advocate.

THURSDAY • MARCH 30



Presents:

THIS MIGHT HURT

March 31st, 9am

Q&A to follow



FILM SCREENING & DISCUSSION (2.5 CEUS)

9:00 AM – 12:00 PM

This Might Hurt CONWAY LECTURE HALL

Q&A with Dr. Howard Schubiner

Join us for a screening of the documentary feature film *This Might Hurt*. An official selection of the Austin Film Festival, *This Might Hurt* follows three chronic pain patients who have spent years searching for answers. Desperate for relief, they enter a new medical program — run by Dr. Howard Schubiner — that focuses on uncovering hidden causes of pain, and retraining their brains to switch the pain off.

Attendees will view the film and then participate in a Q&A with Dr. Schubiner.

CONCURRENT WORKSHOPS SESSION 5 (2 CEUS)

2:00 PM – 4:00 PM

Intro to Ethics of Trauma-Informed Care by Becca Odom, LCSW, E-RYT 200

Track: **ETHICS**; Behavioral & Mental Health; Children, Family, Schools; Health & Medical

Room: **ARKANSAS BALLROOM**

This training will help Social Workers and therapists identify and implement the principles of Trauma-Informed Care as well as have trauma-informed tools to practice in the field with clients and colleagues. Participants will leave with simple effective tools to help clients and themselves build resilience and emotional regulation skills.

Game On! Facing the Co-Morbidities of Problem Gambling while Connecting to Community Health Resources

by Vena M. Schexnayder, MSW, Riley ES Gambill, MHA

Track: Behavioral & Mental Health

Room: **HOFFMAN**

In 2018, the state of Arkansas approved legislation that increased access to gaming statewide. Increased gaming effects has shown the potential to increase mental health and addiction behaviors. This presentation addresses mental health co-morbidities and community resources for problem gambling.

Strategies for Home Visiting Safety

by Jodie Dailey, MSW, LCSW , Felicia Loring, MS

Track: Professional & Career

Room: **MANNING**

The Arkansas Home Visiting Network Training Institute provides training for professionals involved in home visiting services for families with young children ages 0-5. Home visiting safety should always be a top priority for individuals who provide services to families in the field. Learn more about how to keep yourself safe through this interactive session on home visitor safety.

2023 STUDENT POSTER PRESENTATIONS

BALCONY

Factors Correlated With Participation Medication Assisted Treatment - Hanna Talburt

LGBTQIA+ People and Religious Trauma - Cira Abiseid

The Mental Health Experiences of DACA recipients and non-DACA recipients - Lizeth Guadalupe

Bullying and Dating Violence as Risk Factors for Suicide among High School Students - Allie Sheppeard

Queer Need in the Natural State: A Qualitative Needs Assessment of LGBTQIA+ Individuals in Northwest Arkansas - Leea Johnson

Salud Mental y Amistad: Mental Health Access and Friendship Among Latine Children - Patricia C. Rodriguez

EAST CONCOURSE SOUTH

Altruism and the Impact of Helping Others: Why Social Work should consider implementing Compassion Cultivation Training into the practicum experience - Paulette Reed

Social Work as an Integral Part of Health Care: How the Irish Do It - Nancy Rapley

Creating Connections: Memory Cafe - Brijet Beazer

Healthful Aging for Veterans with Serious Mental Illness - Catherine McKnight, Paige Thompson; Jamison Woodward

Costs/Benefits of Legalizing Cannabis: Depression Levels in Relation to Cannabis Use Among College Students - Kathryn "Al" Milligan

Stress and Support: Resiliency Among Southern Arkansas University Students - Hollie Peters

Exploring Biases Against LGBTQ+ Students - Gabby Cheatham

So are you vaxxed? Exploring college students' risk-taking behaviors concerning Covid-19 as it relates to University Health Policies - Cailey Clouse

A Qualitative Inquiry on Young Adults' Perceptions of Gun Control Policies - Jeson Reed

Public Safety in My Community: Is your community safe? - Darrius Russell

Social Media Usage and Sexism: Are Community Guidelines a Good Policy? - Claire Tiffin

2023 Annual Awards Luncheon & Celebration

12:00 PM – 2:00 PM SALONS B/C

Join us in honoring leaders in the profession and community who fully embody social work values and in celebrating Social Work Month!



Bessie Smith Lancelin, LCSW
Lifetime Achievement Award



Johanna Thomas, PhD, LCSW
Social Worker of the Year



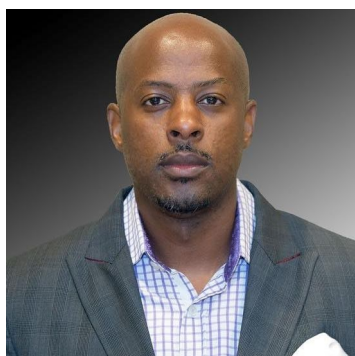
Catrina Lucio
MSW Student of the Year



Shameka Mack
BSW Student of the Year



Sen. Stephanie Flowers
Elected Official of the Year



Samuel Glover
Citizen of the Year



Canopy Northwest Arkansas
Agency of the Year

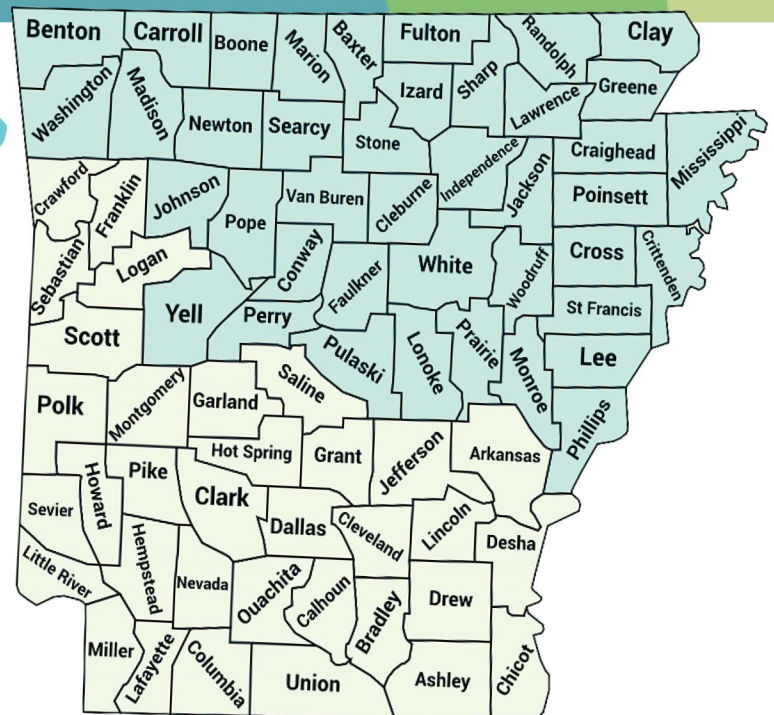


Formed by the affiliation of 4 long-standing community mental health centers, Arisa leads with exceptional care that nurtures health and well-being for all.

The vision of Arisa Health is to transform communities one life at a time.

Arisa Health is Arkansas' largest and most comprehensive non-profit behavioral healthcare provider.

Check out the Arisa coverage area, highlighted in blue.



Thank You to our 2023 Sponsors!

PRESENTING SPONSORS



arisa health



DIAMOND SPONSORS



BIRCH TREE
COMMUNITIES, INC



Pinnacle Pointe
BEHAVIORAL HEALTHCARE



NETWORKING SPONSORS



Arkansas
BlueCross BlueShield
An Independent Licensee of the Blue Cross and Blue Shield Association

Lyra



SPRINGWOODS
BEHAVIORAL HEALTH

PLATINUM SPONSORS



Arkansas Problem Gambling Council



GOLD SPONSORS



BRONZE SPONSORS

Alcoholics Anonymous
 Argenta Counseling and Wellness
 Arkansas Children's Hospital Burn Outreach
 Arkansas Children's Hospital Social Work Department
 Arkansas State University Social Work Department
 Boston Mountain Rural Health Center
 Chambers Memorial Hospital - Restorations
 Behavioral Health
 Dardanelle Regional Senior Behavioral Health
 Dr. Liz Lasky - The Coach Training Program for Helping
 Professionals
 Finnegan Health Services
 Hall & Associates Counseling
 Harbor House Inc.
 Heartland Behavioral Health
 Ideal Option

iTouch Lab
 Life Strategies Counseling Inc.
 Millcreek Behavioral Health
 Perimeter Healthcare
 Piney Ridge Treatment Center
 Pinnacle Pointe Outpatient
 River Oaks Hospital
 River Valley Medical Wellness
 Serenity Park
 Summit Behavioral Health
 Treatment Homes, Inc.
 UAMS AR Connect Now
 Unity Behavioral Health / Unity - Inpatient Rehab
 Vertava Health
 Woodland International Research Group
 Youth Villages



Hey clinicians: are you looking to expand your private practice?

As a Lyra contracted provider, you receive supportive resources, a caseload of dynamic, motivated clients, fast and simple payments, and a culture that appreciates you for the incredible work you do.

Welcome to Lyra.



Learn more about
contract roles

HERE TO HELP TEENS STAY MENTALLY HEALTHY



Ask About the
Next Step for Your
Treatment Today.



SPRINGWOODS 
BEHAVIORAL HEALTH

Individualized Approach to Care

Because every youth's needs are different, treatment is individualized and offered at multiple levels of care. We provide evidence-based care to help young people face the behavioral and emotional issues that may arise from the challenges of early life. Our goal is to help teens learn effective coping mechanisms they can use to achieve long-term stability.

479.973.6000

1955 West Truckers Drive | Fayetteville, AR
SpringwoodsBehavioral.com

Physicians are on the medical staff of this facility, but, with limited exceptions, are independent practitioners who are not employees or agents of this facility. The facility shall not be liable for actions or treatments provided by physicians. Model representations of real patients are shown. Actual patients cannot be divulged due to HIPAA regulations. For language assistance, disability accommodations and the non-discrimination notice, visit our website. 203100-4280 12/20



BIRCH TREE COMMUNITIES, INC

A satisfying life in the community

A non-profit, behavioral health program providing therapeutic community services for adults living with a serious mental illness.

11 Locations

Recovery Focused

Continuum of Care

Medication Management

Community Housing

Life Enrichment

WWW.BIRCHTREE.ORG



Reimagining Health Care

HEALTH | HOUSING | JOBS | SUPPORT


CareSource



Office Locations

- Batesville
- Berryville
- Clarksville
- Conway
- Clinton
- Danville
- Harrison
- Heber Springs
- Huntsville
- Melbourne
- Morrilton
- Mountain Home
- Mountain View
- Ozark
- Rogers
- Russellville
- Springdale

 **Community
Service, Inc.**
Caring and Responsive Youth Services

Programs Include

- Mental Health
- Juvenile Justice
- Therapeutic Foster Care
- Tutoring/Mentoring
- First Tee Character Development
- Prevention
- Substance Abuse
- Youth Leadership
- Vocational Coordination

**Visit us at
csi youth.com
for more
information!**

 **COUNCIL
ON
ACCREDITATION**
ENGAGE. EMPOWER. EVOLVE.





Serving All of the River Valley
and Northwest Arkansas

- **Adult - Acute, Ages 18-104**
- **Child/Adolescent -
Acute/Sub-Acute, Ages 4-17**
- **Partial Hospitalization/
Intensive Outpatient Program**

Direct Referral Call:

479.494.5700, Option 2
10301 Mayo Drive, Barling, AR 72923



White River HEALTH

Mental illness can touch anyone and, without proper treatment, can affect a person's life, relationships, and career. The good news is: **help is available.**

White River Health provides inpatient and outpatient behavioral healthcare. Our approach is based on dignity and respect for the people we serve and the belief that mental illness is treatable.

INPATIENT SERVICES:

- **The Stepping Stone** - Acute Adult Mental Health Unit for ages 18-55.
- **Senior Haven** - Geriatric Psychiatry for ages 55+.
- **Medical Detox** - Treats substance use disorders; including Alcohol, Benzodiazepines, and Opioid dependency.

Inpatient services are located inside White River Medical Center in Batesville

OUTPATIENT SERVICES:

Behavioral Health Clinic
Behavioral Health Integration
Outpatient services are located in Batesville and in surrounding communities.

CONTACT US:

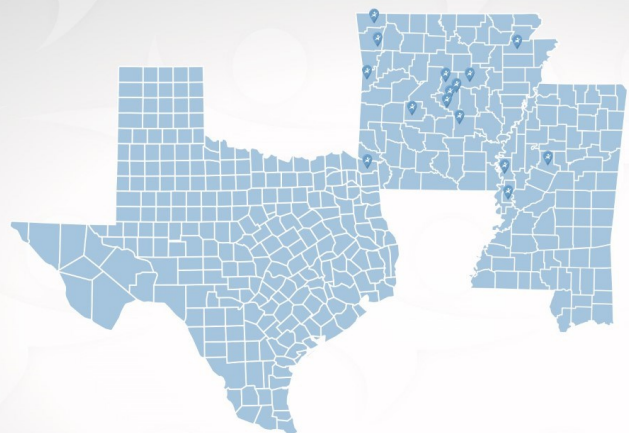
(870) 262-1648

Interested in more information or career opportunities
at White River Health?

Visit: WhiteRiverHealth.org



PAIN TREATMENT
CENTERS OF AMERICA



**Now Hiring Licensed
Clinical Social Workers**

(844) 215-0731 • www.PTCOA.com

Bentonville • Conway • Fayetteville • Little Rock • Little Rock - Freeway Dr. • North Little Rock
Fort Smith • Hot Springs • White Hall • Searcy • Jonesboro • Texarkana, TX • Fort Smith
Greenwood, MS • Greenville, MS • Rolling Fork, MS



You are not
the darkness you endured.

You are the light
that refused to surrender.
John Mark Green

We are Arkansas's Only
Nonprofit
Behavioral
Hospital
for Children

Acute and
Subacute
Inpatient
Treatment for
Children 3-17



Methodist
BEHAVIORAL HOSPITAL

MethodistFamily.org
501-803-3388
Info@MethodistFamily.org

BAXTER HEALTH

BEHAVIORAL HEALTH

Senior Inpatient Unit 870-508-6400
Adult Inpatient Unit 870-508-3400
Outpatient Clinic 870-508-7610

COMPASSIONATE CARE BEYOND MEASURE
Mountain Home, Arkansas www.baxterregional.org



Arkansas Problem Gambling Council

Behavioral Healthcare for Children, Teens and Adults

We can help. Call us
today at **800-264-5640.**



With limited exceptions, physicians are not employees or agents of this hospital.

For language assistance, disability accommodations and the non-discrimination notice, visit our website. 201196-0883 2/20



ALLEVIAANT

INTEGRATED MENTAL HEALTH™

Services:

- Traditional Psychiatry
- Therapy
- Non-Traditional Treatments
 - TMS
 - Spravato

Locations:

- Little Rock
- Conway
- Jonesboro
- Fayetteville
- Rogers
- Bentonville

SCHEDULE
YOUR APPOINTMENT
TODAY



alleviant.com

NOW HIRING